



# Onside Sports Coaching Soccer Skill Sessions

**Onside Soccer Skill Sessions** are designed to improve the individual technique and team play of every participant using a mixture of **FUTSAL** and **COERVER** coaching techniques. The sessions are aligned to Academy practices including ball mastery programs each week, continuous coaching cycle including the main stream topics and small sided games to ensure your child has maximum contact hours to fulfil their potential. All coaches are qualified with full DBS checks to ensure a safe environment for you child.



Date/Time	Venue	Age Group
Tuesday 5.15-6.15pm	ULVERSTON @ Glaxo Sports Club	Reception & Year 1
Friday 5-6pm	DALTON @ DASH Dowdales School	Reception class and Year 1
Friday 5-6pm	DALTON @ DASH Dowdales School	Years 2 and 3
Friday 4.15-5.15pm	ULVERSTON @ Glaxo Sports Club	Years 1 and 2
Friday 5.15-6.15pm	ULVERSTON @ Glaxo Sports Club	Years 3, 4, 5 and 6
PRE DEVELOPMENT CENTRE SESSIONS		Age Group
Monday 5-6pm	BARROW @ Furness Academy Gym	U4's (Nursery age 3-4) Parent Participation
Monday 5-6pm	BARROW @ Furness Academy Gym	U5's & U6's (Rec & Year 1)
DEVELOPMENT CENTRE & CLUB PLAYERS ONLY SESSIONS		Age Group
Tuesday 5-6pm	BARROW @ Furness Academy Gym	U10, u11 & u12
Friday 5-6pm	BARROW @ Furness Academy Gym	U7, u8 & u9

**£20 for 5 weeks of coaching! Starts week commencing 24<sup>th</sup> April**

To book or for info please contact Gavin Butler...

E: [gav@onsidesportscoaching.co.uk](mailto:gav@onsidesportscoaching.co.uk)

T- 01229583684 M: 07887940150

W: [www.onsidesportscoaching.co.uk](http://www.onsidesportscoaching.co.uk)

Cheques payable to: **ONSIDE SPORTS DEVELOPMENT**





# Onside Sports Coaching Easter Holiday Camps

## Onside Football Academy (4-12 year olds)

The emphasis of the course is player development, each child will spend the morning enhancing their individual skills and in the afternoon get the chance to show them off with opposed practices, team games and competitions.

**BARROW @ FURNESS ACADEMY**

Mon 10<sup>th</sup> April - Thurs 14<sup>th</sup> April (10am-3pm)

Tue 18<sup>th</sup> April - Fri 21<sup>st</sup> April (10am-3pm)



## Onside Multi Sports Academy (4-12 year olds)

The camp will consist of fun and enjoyable warm up games and numerous sporting activities including...Football, Tennis, Tag Rugby, Dodgeball, Kwik Cricket, Baseball, Athletics, Basketball plus more.

**DALTON - D.A.S.H (Dalton Active Sports Hall)**

Mon 10<sup>th</sup> April - Thurs 14<sup>th</sup> April (10am-3pm)

**BARROW @ FURNESS ACADEMY**

Tue 18<sup>th</sup> April - Fri 21<sup>st</sup> April (10am-3pm)



All Camps  
£12 per day  
or 4 days for  
£40

For further info please contact Gavin Butler

T – 01229 583684 / 07887940150

E – [Gav@onsidesportscoaching.co.uk](mailto:Gav@onsidesportscoaching.co.uk)

Facebook – Onside Sports Coaching. South Lakes & Furness

Please return form to 22 Rusland Crescent, Ulverston, LA12 9LX.

All cheques made payable to **ONSIDE SPORTS DEVELOPMENT**

9am drop  
off  
available £2  
per day

Course Attending \_\_\_\_\_  
Players Name \_\_\_\_\_ School Year \_\_\_\_\_  
Address \_\_\_\_\_  
E-mail \_\_\_\_\_ Medical Info \_\_\_\_\_  
Contact Numbers \_\_\_\_\_

Photographs/Videos may be taken for publicity, training and advertisement purposes. By circling YES it will indicate you DO have objections to this, please contact Onside Sports Coaching with any questions.

**Please note:** participants will require appropriate kit and trainers, also snacks and still drinks will be needed for 30 minute lunch break.

All coaching will be delivered by coaches with enhanced DBS disclosures to work with children enabling us to provide a fun, safe environment for your child to work in.